

Academy is launched !

An exciting new initiative is being launched at Tring Sports Centre; it's a new swimming group which is a joint venture/partnership between Tring Swim Club and Sportspace Tring.

The Swimming Development Academy (as it will be known) is a concept that Kevin (our Head of Coaching) is now implementing at Tring. The Tring Academy is based on the award winning 'Maxwell Academy Programme' that is now firmly established in Aylesbury and Buckingham after being launched by Kevin some 4 years ago.

At the heart of the Academy is establishing a pathway for talented swimmers to progress *unhindered* to the top of the sport. The programme also gives the lesson programme an overall goal and something for children to try and target. Swimmers are also expected to continue to swim in their usual lesson each week; in addition to the Academy.

The Academy is for swimmers aged 5 to 11 years who can already swim at least 50 meters. Developing stroke technique and building up distance ability is the main focus to enable progression through the club. The first stage of the Academy is the Bronze Academy and this is run in partnership with Sportspace Tring who operate the Sports Centre in Tring.

Swimmers are invited from the Sportsspace lesson programme by their teachers (or by the Tring coaching staff) to attend once a week. The Bronze Academy is an hour in duration and is a supplement to the swimmers usual 30 minute 'learn to swim' lesson each week. The Bronze Academy aims to develop all four strokes along with an introduction to "starts and turns".

Payments for the Bronze Academy remain payable to Sportspace Tring and are £2 per lesson for children that were selected from the sports centres 'learn to swim' programme. Swimmers from other 'private learn to swim schools' or 'schools lessons' can also join the Bronze Academy but pay £4 per lesson instead.

As swimmers develop they will progress into the Silver Academy stage where they will gradually build up their technique and stamina. When swimmers are ready to join the Silver Academy they must become members of Tring Swim Club and pay the relevant squad fee each month.

The Bronze Academy will be held every Sunday at Tring pool from 4 to 5pm.

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