

BISHOP'S STORTFORD SWIMMING CLUB

(Affiliated to Amateur Swimming Association, ASA East Region and Hertfordshire ASA)



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Friday, 13 July 2007

Dear Club Contact

HERTS SWIMMING LEAGUE SENIORS GALA

DATE Saturday 24th November 2007

TIME 6.00 pm Warm up for 6.30 Start

VENUE Bishop's Stortford College, Maze Green Road, Bishop's Stortford CM23

This year's Senior League Gala is being hosted by Bishop's Stortford Swimming Club at the above pool.

The requirements for the League are that the gala should be held in a 25 metre pool. There will be two heats for each event so the limit on number of teams for the gala is twelve the college pool has 6 lanes.

If your club wishes to enter a team (or teams), please contact me by e-mail, 'phone or letter using the contact details above.

All Hertfordshire Leagues are open to all **members** of affiliated clubs, not just **registered** swimmers. This should allow you to make up numbers from teachers and coaches and parents provided that they are **members** of your club.

As previously, the gala will be run under Herts ASA rules, so there is no change to the programme of events from 2005. All individual events will be 2 lengths (50m)

Under ASA Law

One round only

Points scoring 1st = 6 points, 2nd 5 points and so on 0 points disqualification or no swimmer this will allow Bishop's Stortford to run the gala using SportSystems

No swimmer may compete in more than two individual events in their own age group

Age groups are 25+ and 35+; ages at **31st December 2007**.

35+ may swim down but 25+ may **NOT** swim up

Each team is requested to bring a Judge & timekeeper

The gala will be as follows, Ladies events are odd numbered

1 & 2	25+	Butterfly	13 & 14	25+	Backstroke
3 & 4	35+	Butterfly	15 & 16	35+	Backstroke
5 & 6	25+	Freestyle	17 & 18	25+	Breaststroke
7 & 8	35+	Freestyle	19 & 20	35+	Breaststroke
9 & 10	25+	4 x 1 Free Relay	21 & 22	25+	4 x 1 medley relay
11 & 12	35+	4 x 1 Free Relay	23 & 24	35+	4 x 1 medley relay
25	140+	Mixed Free Relay	26	180+	Mixed Free relay

Entries will be accepted on a first come first served basis so to ensure your lane in this gala please send your cheque for £30 to me at the above address and made payable to B.S.S.C by Saturday 27th October 2007.

For future communication it would be useful if we could compile a list of Masters contacts for each club, this would save letters being passed from person to person and sometimes being mislaid altogether.

If your club wants to participate in this or other Masters events that we may put on, please could you nominate a direct contact and give me their contact details, including email.

I look forward to hearing from you and meeting you on November 24th and I hope that we can keep the Senior League alive.

Yours sincerely



Pam Spratt
Competition Secretary, Bishop's Stortford Swimming Club