

# City of Milton Keynes Swim Club

CITY OF MILTON KEYNES SWIM CLUB



**Annual Spring Open Meet Programme**  
**Licensed at Level 2 (License # 2SE2057)**  
**Saturday 28<sup>th</sup> and Sunday 29<sup>th</sup> April 2012**

## Programme of Events

### Saturday 28<sup>th</sup> April

		Event number	
Session 1	0800 Warm-up	1	400m Individual Medley (Boys 10 / over)
	0805 Sign-in closes	2	400m Freestyle (Girls 9 / over)
	0905 Start	3	100m Butterfly (Boys 11 / over)
		4	100m Backstroke (Girls 10 / over)
		5	50m Breaststroke (Boys 9 / over)
		6	200m Individual Medley (Girls 9 / over)
		7	200m Backstroke (Boys 10 / over)
Session 2	TBA	8	100m Freestyle (Girls 10 / over)
		9	100m Breaststroke (Boys 11 / over)
		10	200m Breaststroke (Girls 9 / over)
		11	200m Butterfly (Boys 10 / over)
		12	200m Freestyle (Girls 9 / over)
		13	50m Butterfly (Boys 9 / over)
		14	50m Freestyle (Girls 9 / over)
		15	50m Backstroke (Boys 9 / over)
		16-20	Girls Skins

### Sunday 29<sup>th</sup> April

Session 3	0800 Warm-up	21	400m Individual Medley (Girls 10 / over)
	0805 Sign-in closes	22	400m Freestyle (Boys 10 / over)
	0905 Start	23	100m Butterfly (Girls 10 / over)
		24	100m Backstroke (Boys 11 / over)
		25	50m Breaststroke (Girls 9 / over)
		26	200m Individual Medley (Boys 9 / over)
		27	200m Backstroke (Girls 9 / over)
Session 4	TBA	28	50m Freestyle (Boys 9 / over)
		29	100m Breaststroke (Girls 10 / over)
		30	200m Breaststroke (Boys 9 / over)
		31	200m Butterfly (Girls 10 / over)
		32	100m Freestyle (Boys 11 / over)
		33	50m Butterfly (Girls 9 / over)
		34	200m Freestyle (Boys 9 / over)
		35	50m Backstroke (Girls 9 / over)
		36-40	Boys Skins

All events are HDW.

AGE GROUPS: 9 years, 10 years, 11 years, 12 years, 13 years, 14 years, and 15 and over  
(100m events for 9yr & 10yr old Boys, as well as 9yr old Girls are not permitted, except 100IM)